

# DIOCESAN WORKSHOPS AND EVENTS

April 2018



## Catechesis Connections

*Are you a catechist? Do you help pass on the faith to others? In your parish? In Sacramental Prep? At home?* Join us as we consider the connection between evangelization and catechesis with the help of a new book by Daniella Zsupan-Jerome, “Evangelization & Catechesis: Echoing the Good News Through the Documents of the Church”. Short chapters, great stories, helpful reflection! Wednesdays starting April 18th either 1 – 3pm in Oakville, St. Andrew’s parish or 7 – 9pm in Cambridge, St. Mary of the Visitation Parish in Cambridge. Cost is \$35, and includes the text and five Wednesdays April 18th, 25th, and May 16th, 23rd, and 30th. Online registration will be available, for more information please visit [www.hamiltondiocese.com](http://www.hamiltondiocese.com) or call Monica at 905 528 7988 ext. 2238.

## Seniors Study Session

Creation Spirituality. This six week course offered by Sister Mary Heather MacKinnon SSND, D.Min will offer participants an opportunity to understand and find ways to practice a Christian vision of Earth Centered Spirituality. The course will draw on scripture, poetry, ancient prayers, and the lives of the saints and prophets. The course will be held at the Chancery Office, 700 King St. West, Tuesdays from 1:30-3:30 March 20, 27, April 3, 10, 17 & 24. Cost is \$ 35.00. To register please contact Monica at [mverin@hamiltondiocese.com](mailto:mverin@hamiltondiocese.com) or call her at 905-528-7988 ext. 2238

## Formed in Faith

Are you a grandparent or senior looking to know more about your faith and wondering about how best to share it with others? Join David Dayler and Dr. Anne Jamieson in April at one of two locations for: Formed in Faith: Practical-Prayerful-Ready for Sharing This 3 week course for seniors and grandparents will explore strengthening the foundation for sharing our faith. Choose Mondays (April 16, 23, 30th) in Kitchener – St. Anthony Daniel Parish – or Tuesdays (April 17, 24, May 1st ) in Ancaster – St. Ann Parish. 1:30 – 3:30 pm. Cost: \$25 includes resources. For more information or to register, contact Monica at 905-528-7988, ext. 2238.

## Seeing the Word Session

On April 5th you are welcome to ignite your spiritual imagination, praying with The Saint John’s Bible, using the method of *visio divina* (“divine seeing”), to prayerfully reflect upon Scripture. The session running from 1:30-3:30 will feature the Illumination of the Resurrection as we glory in Christ’s resurrection from the dead! Anyone interested in attending may contact Anthony De Feo at 905-528-7988, ext. 2336.

## Mass with New Catholics

New Catholics from across our Diocese will join His Excellency, Bishop Douglas Crosby for Mass on Saturday, April 21 at 5:00 p.m. All are welcome to participate in this Mass. Reception to follow. This is a wonderful opportunity for the Diocese to welcome our new Catholics and to celebrate the joy of their initiation into the Catholic Church.

## The Saint John’s Bible Reception

Sing for Joy! A concert of music inspired by the illuminations of The Saint John’s Bible takes place on Sunday, April 29 at 7:00 p.m. at the Cathedral Basilica of Christ the King. Music will be performed by the Diocesan Choir, the combined choirs of the Basilica of Our Lady Immaculate and the Cathedral Basilica of Christ the King, and the Grand Philharmonic Choir. A highlight of the evening will be excerpts from Bernstein’s Chichester Psalms. All are welcome!

## Pre-Catechumenate/Inquiry Webinar (Part One)

“Inviting to the RCIA: Dimensions of Invitation” will be held on Monday, April 30, from 2:00 p.m. until 4:00 p.m. at the Chancery Office, Conference Room A, and Tuesday, May 1 from 7:00 – 9:00 at Blessed Sacrament Kitchener, as well as by webinar. Anyone interested in attending may contact Anthony De Feo at 905-528-7988, ext. 2336.

## Parenting Tip 105

Our children are treasures and bring us much joy! They are however, from a very young age, in need of our leadership to help them grow into competent and capable adults. When a child is two their behaviours and temper tantrums may seem funny and even cute, but by four those behaviours are no longer funny, by ten they are causing family tensions and by the

teenage years may make it very difficult to parent. Praise your children, spend time with your children and model good behaviours, but remember to teach them self-control, manners and good behaviours from a very early age, which will make all the other parenting years less stressful.

### **Marriage Tip 85**

The longer we are in a relationship with someone, the greater our knowledge of that person. When it comes to marriage, this can have both positive and negative impacts on our relationship. On the positive side, it helps us to recognize how our spouse is feeling, what their needs may be and what actions on our part can meet their needs! This intimate knowledge may have a more negative impact when we assume we understand and know what our spouse wants and/or needs without asking since we may be completely off the mark. No matter how well we know a person, we still need good communication in our relationships which requires speaking, listening, negotiating and, perhaps most importantly, not assuming! Ask for clarity, specify desires and speak the truth in love. All of these will draw you closer together.

### **Amoris Laetitia: “The Joy of Love”**

Pope Francis believes that in a world where humanity is often wounded, mistreated, and dominated by a lack of love, the family is the “yes” of God as Love. He believes that the family is still good news for today’s world. The Pope provides beautiful insights into family and marriage – great news for young and old alike to hear. An overview of the document will be explored by the Diocesan Family Ministry Office in each Deanery of the Diocese. For dates and locations, see Upcoming Events at [www.hamiltondiocese.com](http://www.hamiltondiocese.com). The events will take place from 7 – 9 p.m.

### **Diocesan Wedding Anniversary Mass**

Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2018? If you are, you are cordially invited to join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, June 10, 2018 at the Cathedral Basilica of Christ the King at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring 1 guest if you require assistance). Please refer to the poster in the narthex of the church for information on how to register for the celebration, or go to [www.hamiltondiocese.com](http://www.hamiltondiocese.com).

### **Grief Relief**

Has someone you cared about died? Are you grieving the loss of the person’s presence in your life? Are you wondering if these feelings are normal? You are not alone! “Grief Relief” - a six week educational and support series dealing with grief When: Tuesdays, April 10 – May 15, 2018 Time: 1:30 - 3:00 p.m. Where: Diocese of Hamilton Chancery Office – 700 King St. West, Hamilton. Facilitated by Karen Hulley, RP. There is no cost to participate. You are free to attend all sessions, or any one or more you can. To register call the Family Ministry Office: 905-528-7988 ext. 2249, or on-line at [www.hamiltondiocese.com](http://www.hamiltondiocese.com).

### **Marriage is Good for Your Health!**

Take some time for your marriage relationship and spend a day learning about The Seven Principles for Making Marriage Work. The program, created by Dr. John Gottman, will be facilitated by Mrs. Teresa Hartnett and Dr. Wendy Hofman on Saturday, May 12th from 10 - 4 p.m. at the Chancery Office, 700 King St. W. The cost for the program is \$50 per couple and includes lunch. Register by calling 905-528-7988 ext. 2249, or on the Diocesan website at [www.hamiltondiocese.com](http://www.hamiltondiocese.com) and see Upcoming Events on the home page.

### **Healing After an Abortion... It Is Possible**

Caring hearts are available to help you deal with the difficult feelings that often come after an abortion. Project Rachel offers a confidential service allowing people to work through their feelings and find hope and healing. Please contact us at 905-526-1999 or toll free at 1-888-385-3850 and let us help you through the healing process.

### **Support for Persons Separated or Divorced**

Would it help you to have people around you to understand what you’re going through? Would you like to hear some ideas that will encourage you and help you to develop new ways of coping with the stresses in your life? The Hamilton Diocesan Support Group meets the 1st and 3rd Friday of each month and they can help! No need to register just come and join us at the Chancery Office at 700 King St. West, Hamilton from 7 – 9 p.m. For more information call the Family Ministry Office at 905-528-7988 ext. 2249. There is NO COST.