



Small Group Newsletter
St. Mary of the Visitation Parish
Cambridge, (H) ONT.



**SOLEMNITY OF THE
BODY AND BLOOD OF CHRIST**
JUNE 3, 2018

Introduction to the Word:

Life has some real moments of challenge and decision. Sometimes shifting your perspective during some of life's most defining moments can make the difference - those moments can be real Game Changers.

Warm-up Activity: (5-10 minutes)

Jesus made a once-and-for all freewill offering of Himself. The Eucharist is the greatest gift given, how would you tell a family member about the wondrous gift of the Eucharist.

Let us pray together our Heart to Home Prayer:

*God Our Heavenly Father, we long to make our thoughts your thoughts,
and our ways your ways. As we prepare with attentive mind and open heart
to hear your Word Lord, we long to be empowered with your Spirit
so that we may bring your Word to our families, our parish and our communities.
This, our prayer, we make through the intercession of Our Lady of the Visitation and in name of
Christ Jesus our Lord. Amen.*

GOSPEL (Mark 14:12-16, 22-26)

A reading from the holy Gospel according to Mark. **Glory to you, O Lord.**

On the first day of Unleavened Bread, when the Passover lamb is sacrificed, the disciples said to Jesus, "Where do you want us to go and make the preparations for you to eat the Passover?"

So Jesus sent two of His disciples, saying to them, "Go into the city, and a man carrying a jar of water will meet you; follow him, and wherever he enters, say to the owner of the house, 'The Teacher asks, "Where is my guest room where I may eat the Passover with my disciples?'" He will show you a large room upstairs, furnished and ready. Make preparations for us there." So the disciples set out and went to the city, and found everything as Jesus had told them; and they prepared the Passover meal.

While they were eating, Jesus took a loaf of bread, and after blessing it He broke it, gave it to them, and said, "Take; this is my Body." Then He took a cup, and after giving thanks He gave it to them, and all of them drank from it. He said to them, "This is my Blood of the covenant, which is poured out for many. Truly I tell you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God." When they had sung the hymn, they went out to the Mount of Olives. The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**



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[Listen to the Message](#)

Reflection:

We are in our third week of our message series – Game Changer – we examined how we all have moments that do in fact change our purpose, our plans and our priorities – they may be moments which are transformational or they may be moments we see as mundane, but they all can be Game Changer moments. Pentecost Sunday, which was a Game Changer for the early Church, taught us to see the three signals of a Game Changer on the horizon ([listen to the message for them in detail](#)) but they are: Openness to The Breath of God, Being Lead by God and Speaking the Truth of God. Then last weekend, on the Feast of the Trinity we are exposed to the qualities of God - the song of Father, Son and Holy Spirit - and they pose a melody - which we can make our song! We were led to ask what Song we sing. What qualities define the tune of your life to the degree that they have become game changers for you? ([Listen to that message here](#))

This week we pause for the Feast of Corpus Christi (Body of Blood of Jesus). Here we are reminded of the immense love of God that His Son would die upon the cross, but also become so visible and accessible to us that in a simple Host He waits for us. We were also introduced to a modern day Game Changer. [Watch this Video about the Life of Cardinal Francis Xavier Nguyen](#). What strikes you about his life as a game changer and what can we learn from it? His proximity to the Eucharist as the nourishment to be a Game Changer and his devotion to Mary as his inspiration for such are two elements for sure.

As we seek to *allow every person to have a life changing encounter with Jesus*, may we too remain ever close to the Eucharist as the source and summit of our life and may we too find room always in our day to be in Adoration before Him – may these moments be real Game Changers for all.

Questions for Discussion: (15-20 minutes)

- ✓ What are some of the qualities you see in life of Cardinal Nguyen which leads him to be a Game Changer? [Watch this video before you answer.](#)
- ✓ You identified some traits of being a Game Changer? How is that going? Looking at the life of Cardinal Nguyen would you add or change any?

[Watch this Video by Jeff Cavins](#)

- ✓ Discuss together the video, what traits within help you most to be game changers?

Moving Forward in Prayer (15-20 minutes)

This time is reserved for quiet prayer as well as for an action-response to the communal reflections. You may wish to create and add petitions of prayer at this time. It is also intended to provide moments to “outreach” to the community.

- As the month of June rolls in, discuss your summer plans for your group – how will you serve this Summer and ensure the Song of Your Life “makes disciples”.
- Save [August 18th for Summer Serve](#) – hope your group can participate

Leader: **Let us seek the intercession of the Patroness of our Parish as we pray: Hail Mary**