

Sursum Corda

July 7/8, 2018 ♦

Issue 376– 14th Sunday in Ordinary Time



St Mary of the Visitation Parish
16 Cooper Street
Cambridge, Ontario N3C 2N2
519 658 4443 / F: 519 658 6783



Lord's Day Mass – Saturday at 5:00pm,
Sunday 8:00am, 9:30am and 11:30am

[Children's Ministry](#)

This Lord's Day Weekend

It is easy to get discouraged when things don't go as planned. Imagine Jesus' frustration when those who knew Him couldn't accept what He had to say!

As we continue with our summer series, now into its third week, we discover what to do with discouragement – its part of our "[Survival Guide](#)" to ensure Christ is central even in the Sunshine. Join us - bring a friend along – and to our [Catholic Café and Children's Ministry](#) too!

Mark Your Calendars! July 28/29 and August 25/26



Always a great time to invite friends, neighbours and those seeking a Church home – who are you inviting?

Children's Ministry



**Age 2 through Grade 4
ALL SUMMER LONG
at 9:30am & 11:30am Masses...**



Watch for details soon on our **Summer Serve Day** – a chance to help in the inner city – save **August 18th** - as always – there will be something for everyone!



[VBS is HERE!!!!](#)

This week is VBS!! It runs Monday to Friday from 8:45 am – 12 noon; this year's theme is: *Superheroes of Faith*. Thank you to Sister Elizabeth Marie and her team for their hard work preparing. Watch our [twitter feed](#) and [Facebook](#) all week for highlights. Please remember our VBS Children in prayer:

Loving Father, bless our VBS.

Help the young adults who are lovingly leading it and open the hearts of each child taking part.

May their days be filled with joy, and may every activity bring them closer to Your Son. We ask this through Christ our Lord. Amen.



Our Lord's Day attendance continues to increase. Therefore, *our Mass Schedule will now be year-round – Saturday at 5:00pm and Sunday at 8:00am, 9:30am and 11:30am.*

FAST FACTS

[Check out "Next Gen"-Youth & Young Adults Events](#)



Get a copy of our Weekly Devotional!

- [Sign up here](#)



[Check out the Summer Plans](#)

Young Adults Ministry Crossroads (19 - 30s)



Beach Volleyball SUNDAY, JULY 8, 2018

@ CAMBRIDGE SPORTS PARK

This epic start to Summer promises to be a lot of fun! We have rented a sand court from 1-3 p.m. Food and beverages are available on site for purchase. We will gather in the Parish Centre after 11:30am Mass and we'll leave together. *Email [Christian](#) to join.*

Camp Brebeuf - great summer!

We are off to a great summer at [Camp Brebeuf](#). A lot of fun was also had during our Adventure Day on Thursday.



St Mary of the Visitation's Day Camp at [Camp Brebeuf](#) - August 13-17 and 20-24, 2018 ([register on line today!](#))

The Shuttle Bus will leave our parish parking lot at 8:00 a.m. and return at 5:00p.m. *Day Camp is open for those born between 2013 and 2006.*



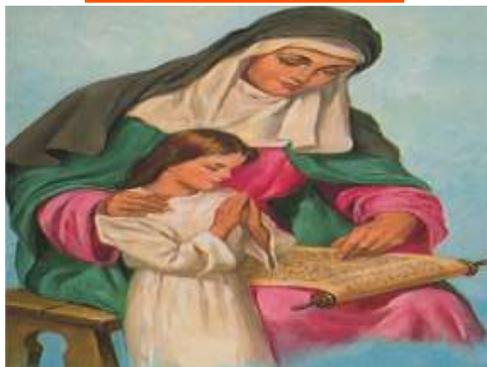
Parish Life!

We invite all those involved in our parish life to consider [completing our annual survey](#). It allows us to continue to respond to needs, and continue striving to be a family of faith with something for everyone.



Visit our Chapel – make an appointment with God! *Our Chapel is open 24 hours*

Devotions to St Anne- July 28/29, 2018



On the weekend of July 28/29, *a relic of St Anne will be present* at all Masses and at the conclusion of each Mass there will be the individual blessings with the relic for all who seek such. Special prayers and homily will be offered and the opportunity to place intentions in our Novena Book of Prayer.

There is also a special Mass with [Anointing of the Sick](#) on July 28th at 5:00pm. Special blessed medals of St Anne will be available. We encourage you to invite friends and relatives to join us for this special weekend – an annual tradition in our parish life.

INTERESTED IN BECOMING CATHOLIC?

Any adults who have not been baptized and are considering becoming Catholic, or any adults who have already been baptized in other Christian churches and wish to become full members of the Catholic Church, [please speak to Father Freitas](#) and arrangements will be made to complete your initiation. A program of formation begins in the Fall - welcome!



See our Blog during the summer for some special articles, of which will also be published [in the Catholic Register](#).



Did you know our parish offers three Facebook pages – check them out

[Our Parish Page](#)
[Our Youth Page](#)
[Our Young Adults Page](#)

Steubenville 2018



We are very excited that a group of 25 will be representing us next weekend at our 5th Year of being [Steubenvillers](#).

A reminder to those participating that we leave **Friday, July 14th at 1:00pm from the Parish Centre** and return at 3:00pm on Sunday, July 16th. Please pray for all of those attending as we prepare to be with Him



Follow us on
Instagram

Getting Connected!

If you are looking for a way to get connected in our parish – how about joining our **Welcome Desk, being a part of our Parking Lot or our Café Team**. The commitment is once per month. Training is provided. [Sign up.](#)