

Sursum Corda

March 17 & 18, 2018

Issue 360–5th Sunday of Lent



St Mary of the Visitation Parish
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Lord's Day Mass – Saturday at 5:00pm,
Sunday 8:00am, 9:30am and 11:30am

Children's Ministry

This Lord's Day Weekend.....



Today's gospel presents us with people who had gone to Jerusalem hoping to meet Jesus, and they expressed—and represent for us today— what every Christian at some point feels: “Sir, we would like to see Jesus.” It is hard for us some days to find him, but we must also recognize that WE embody Jesus... the name “Christian” literally means “another Christ.” Jesus assures us that he is with us: “Whoever serves me must follow me, and where I am, there also will my servant be.”

Check out our [message series](#)... [Lent can be a time of joy!](#) If you missed copies of our Lenten Newsletter “Our Family of Faith”, additional copies are found at the doors of the church and at our welcome desk.

Join us for our [Catholic Café](#) all weekend after our Masses.

FAST FACTS

- [Check Out “Next Gen”-Youth & Young Adults Events](#)
- [Diocesan Activities](#)

Day of Mercy

- March 22nd - 8:00am-8:00pm

This week, the final week of Lent before we enter into Holy Week, provides us the unique opportunity to celebrate the Sacrament of Reconciliation (Confession) to prepare your heart to celebrate the Lord's Resurrection at Easter and to renew the promises of your Baptism. On Thursday, “The Light Is On for You”.

Priests will be available for confession throughout the day ([see the complete schedule](#)) and the Blessed Sacrament will be exposed on the altar for Adoration all day. Take time to meet the Lord to experience His forgiveness and healing. [Check out](#) an examination of conscience to prepare. Let us be one in prayer on our Day of Mercy – #graceahead!



Over 440 have signed up to be part of our weekly email devotional “**Sunday Matters.**” Why not join them – especially for Lent - [Sign up here](#)



CHILDREN MINISTRY

We recently welcomed 122 Children on a single Sunday to be part of our Children's Ministry – what a blessing! If you are interested in volunteering in Children's Ministry – [drop us a line](#)

Our [CHILDREN'S MINISTRY](#) (age 2-Grade 4) is **underway** at our 9:30am and 11:30am Masses. Don't forget to check out [Kids Zone](#) for Age 2 & 3 too! Invite a friend & their kids to join you!

[Children's Ministry](#) brings their Coin Cans for Haiti to Mass next Sunday.

[Confirmation Parent Meeting](#)

Don't forget to return your permission form for our **Confirmation Retreat** at [Camp Brebeuf](#) with [Chris Bray](#) as guest.

[First Communion](#)

If you missed our Parent and Child Gathering on March 1st – please pick up a copy of your child's “passport” this weekend. Don't forget [Visitation Kids](#) on *Sunday*.

Save April 21st for our **First Communion Retreat** – 9:00am-Noon in the Parish Centre - an essential part of preparation for the “big day.”



CHECK OUT OUR LENTEN SERIES

May Our Lady of the Visitation continue to be our inspiration, model and guide



ARE YOU A YOUNG ADULT?
- JOIN "CROSSROADS" AFTER
THE 11:30AM MASS
BIBLE STUDY FOR LENT
- MARCH 18, 2018



Startingpoint

THERE IS MORE TO OUR STORY
 Why God? Why Jesus?
 Why the Church?

Sign up - New sessions start soon

Make sure to Check Out

[Adult Sports \(Bowling/Volleyball\)](#)

[Haiti Mat Making – April 7th](#)

[Perpetual Eucharistic Adoration Chapel](#)



EASTER FLORAL TRIBUTES

An opportunity to remember our loved ones this Easter with a Floral Tribute. You are invited to return the Floral Tribute form, found at the doors of the Church, in the envelope provided. All donations will be put toward our Easter decorations. Thank you for choosing to remember your loved ones in this way, all to whom a floral tribute is dedicated will be remembered at Mass during the Easter Season.



The festive days are upon us. [Check out this special section](#) – consider sharing it and inviting others.



Next weekend is Palm Sunday weekend; a time of great celebration as we approach the holiest week of the year. It is also a weekend when our liturgies are a little bit longer and welcome a few more people. If you are able; especially on Sunday morning, consider parking at the Johnson Centre and walking over. It would avail places for visitors or those unable to do so.

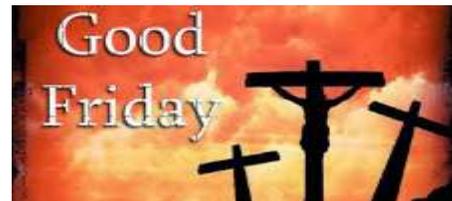
ST. MARY OF THE VISITATION



SHUTTLE SERVICE

Sunday Shuttle

As we continue to experience great growth and want to make room for visitors - see our insert for exciting details about our SUNDAY SHUTTLE SERVICE - for Palm Sunday and Easter Sunday - an easy convenient way to make room for others and avoid the fuss of parking! [Check out our website for more details.](#) - Jump on board!



Our teens and young adults are working very hard to present our annual **Passion Play for Good Friday** – make sure to come at **7:00pm** to see it! It will be truly impacting!



During the Fridays of Lent it is a Catholic tradition to celebrate the Stations of the Cross. This beautiful prayer reminds us of the fact that Christ accompanies us on our road of life and invites us to accompany Him on the road which led Him to eternal life with the Father; an action which is our Salvation. Join us at 7:00 p.m.



Diocesan Wedding Anniversary Mass for 2018

The annual Diocesan Wedding Anniversary Mass takes place on **Sunday, June 10th, 2018** at 1:30pm at the Cathedral Basilica of Christ the King. This is an annual Mass for couples celebrating their 25th, 40th, 50th, 60th or 60th plus Wedding Anniversary! [To register:](#)

PARISH BOOK OF PRAYER

Our Parish Book of Prayer is located in our Adoration Chapel (lower level of the Church). You are welcome to write your intentions on its pages. These are remembered at Mass.