

SMALL GROUPS MINISTRY

DON'T GET LOST IN THE CROWD
... GET INVOLVED ...GET CONNECTED!

CONNECT WITH OTHERS

We're not meant to do life alone. God created us to be in community with Him and with each other. And while attending our Sunday is a great way to experience God we have to grow deeper together. That's where small groups come in.

- A small group experience - a great way to meet others.
- An opportunity to reflect upon the Sunday readings.
- A chance to share faith and explore scripture.

Monday Evenings - 7:30p.m.

Call Bonnie at 519-220-0855

Wednesday Evenings - 7:00p.m.

Call Rita at 519-658-5031

Thursday Afternoons - 1:30p.m.

Call Carol or Frank at 519-249-1229

Thursday Evenings - 7:15 p.m.

Call Jim at 519- 220-1657



"Making Sunday Matter" all week long. That is the goal of Heart to Home. It is designed as a small group discussion tool for those - just like you - who are interested in exploring their faith and continuing to reflect on the Sunday scriptures together. Small Groups meet various nights during the week. Come and join us and share your life experience in a context of faith. Groups meet in the Parish Centre - all welcome!

TOP FIVE REASONS TO JOIN A SMALL GROUP

1. Community

At Sunday Mass, when you're double parked and the kids want to get going, it is difficult to really get to know other people. But in a group of 6-10 people meeting regularly, it is only natural that close relationships and friendships develop. You will have a sense of stability and security knowing there are people who really care for you and are committed to standing with you.

2. Ask Questions

Have you ever listened to a homily and wanted to say, "I don't understand!" or "But what about...?" In small groups you are encouraged to ask questions, participate in discussions and listen to others as they share insights and applications from the Bible.

3. Support 'One Another'

God never meant for you to go at it alone in the Christian life. Over fifty times in the New Testament the phrase "one another" is used to describe our relationship to other believers. We are instructed to love one another, encourage one another, pray for one another, accept one another, bear one another's burdens, and build up one another. The best way to obey these commands is in a small group.

4. Personal Growth

Ever feel stuck in your Christian life or just want to find out more about Christianity? A small group provides the opportunity to observe other Christians up close, learn from their experiences, meditate on the Bible, participate in discussion and then reflect on what God would have you do in response to his leading.

5. Practical Service

When someone loses a job, or a family member is ill, or a mother needs a babysitter - these are practical needs that will be taken care of through your small group. Many people can testify that they would not have made it through a difficult time if it had not been for the support of their group.



"Making Sunday Matter"

"Strive, therefore, in every parish...to restore life to the small groups...who proclaim Christ and His word, places where it is possible to experience faith, to put charity into practice and to organize hope. This structuring of the large urban parishes by the multiplication of small communities allows the mission a larger breathing space, which takes into account the density of the population and its social and cultural features which are often very different."
--Pope Benedict XVI, 26 May 2009

Moms Meet at Home: An informal gathering of moms in one another's home on a schedule determined by group members. It would be a social time, a spiritual time and a 'relaxing' time. Home hosts would be needed, and people could move the location around as long as members are informed. Commitment is crucial, but flexibility would be important. Contact Parish Office for meeting times.

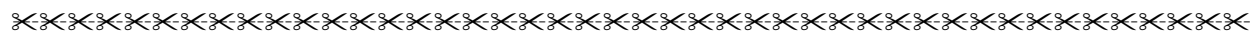
"SOUL SISTERS" : An informal gathering of ladies exploring and growing in faith together. It is a social time, but a spiritual time also of sustaining each other and growing a vibrant spiritual life. Join us on Thursdays from 7-8:30p.m.

"IRON MEN" : In John 21:12 Jesus said to them *"Come and Eat Breakfast."* Iron Men is about Catholic men inviting men to a comfortable environment where we grow in learning, living, strengthening, and sharing our faith, which will in turn make us better men, leaders, husbands, fathers and followers of Jesus Christ. We meet on the First Saturday of the Month at 6:30 a.m. (Yes in the morning - it is part of what makes you an Iron Man! Yes you can do it!) We have breakfast and share faith - join us!

GRIEF RELIEF: Grief is a painful, confusing and isolating time; without a doubt, one of life's most difficult experiences. Where can we turn for answers to our questions? Where can we find support, empathy and understanding? This small group helps provide answers and remind you that you are not alone. Contact Parish Office for meeting times.

SINGLE AND SINGLE AGAIN : Life change is never easy, but at a later stage of life it's particularly isolating. Come together with others to realize there is a "second act" and you are not alone. Contact Parish Office for meeting times.

DINNER FOR 8 COUPLES GROUPS: Our Couples Ministry is made up of small groups, four couples each, who come together to share faith, food and lots of laughs. Each group is formed according to members stage of life and gather in each other's homes. Contact Parish Office for meeting times.



SMALL GROUPS INQUIRY FORM

I would like some information on the following group:

- MOM'S MEET AT HOME SOUL SISTERS IRON MAN DINNER FOR 8 COUPLES
- GRIEF RELIEF GROUP SINGLES AND SINGLE AGAIN HEART TO HOME

Name: _____ Phone Number: _____
The best time to call: _____ E-mail: _____